

340

Senior Secondary Course

GENDER STUDIES

1



NATIONAL INSTITUTE OF OPEN SCHOOLING

(An autonomous institution under Ministry of Education, Govt. of India)

A-24/25, Institutional Area, Sector -62, NOIDA -201309 (U.P.)

Website: www.nios.ac.in, Toll Free No.: 18001809393

ISO 9001:2015 CERTIFIED



Published by:

Secretary, National Institute of Open Schooling

A 24-25, Institutional Area, Sector-62, Noida-201309 (U.P.)

ADVISORY COMMITTEE

Prof. Saroj Sharma
Chairperson
NIOS, Noida (UP)

Dr. Rajiv Kumar Singh
Director (Academic)
NIOS, Noida (UP)

Dr. Sandhya Kumar
Deputy Director (Academic)
NIOS, Noida (UP)

CURRICULUM COMMITTEE

Prof. Usha Nayar
Chairperson, TINNARI and
Director (Retd.), Deptt. of Women
Studies, NCERT

Dr. Kuldeep Agarwal
Former Director (Acad.),
NIOS

Prof. Tulsi Patel
Prof. (Retd), Dept. of Sociology,
Delhi School of Economics
University of Delhi, Delhi

Prof. Gouri Srivastava
Prof. & Head, DESS
NCERT, Delhi

Prof. Rita Ray
Adjunct Professor (Sociology),
National Law University, Odisha

Dr. Deepti Priya Mehrotra
Independent Gender
Consultant

Dr. Reema Bhatia
Associate Professor
Miranda College, DU

Dr. Dipta Bhog
Associate Professor
Nirantar

Prof. Sadhna Saxena
Prof. (Retd.), Central Institute
of Education (CIE), DU

Ms. Anita Devraj
(Retd.) Principal, DAV School,
Bahadurgarh, Delhi

Dr. Saumya Rajan
Assistant Director (Acad.)
NIOS

Dr. Tarun Punia
Deputy Director (Acad.)
NIOS

Dr. Sanghmitra Suryapani
Academic Officer (Biology)
NIOS

Dr. Ram Narayan Meena
Assistant Director (Acad.)
NIOS

Dr. Sukanta Kumar Mahapatra
Assistant Director (Acad.)
NIOS

LESSON WRITERS

Dr. Rachna Chaudhary
Associate Professor
Ambedkar University,
Delhi.

Dr. Reema Bhatia
Associate Professor
Miranda House,
University of Delhi, Delhi

Prof. Seema Dhawan
Professor, Dept. of Education
HNB Garhwal Central
University, Uttarakhand

Dr. Ellina Samantroy
Fellow
V.V. Giri National Labour
Institute (VVNLI), NOIDA

Dr. Sandeep Kumar
Associate Professor
Central Institute of Education,
University of Delhi, Delhi

Dr. Saroj Dhal
Assistant Professor
Lucknow University,
Uttar Pradesh

Dr. Pankaj Deep
Assistant Professor
Gautam Buddha University
Noida

Dr. Pratyasha Sahoo
Assistant Professor
Laxmibai College,
University of Delhi, Delhi

Dr. Archana Kumari
Assistant Professor
IIS (Deemed to be UNIV.),
Jaipur

Dr. Mahalingam M
Associate Professor
(History and Sociology)
Faculty of Law
SGT University, Gurugram

Ms. Shefali Pandit
Independent Consultant
(Research and Evaluation)

CONTENT EDITORS

Dr. Sarita Anand

Professor,
Lady Irwin College,
University of Delhi, Delhi

Dr. Mansi Sharma

Assistant Professor
School of Law, IGNOU, Delhi

Dr. Bharati Sarkar

Reader (Retd),
Maitreyi College
University of Delhi

Dr. Mala Bhandari

Founder Director, Social and
Development Research and Action
Group (SADRAG), NOIDA,

Dr. V. Rajyalakshmi

Professor, Janki Devi Memorial
College, University of Delhi,

Dr. Sukanta Kumar Mahapatra

Assistant Director (Acad.)
NIOS

Dr. Reema Bhatia

Associate Professor
Miranda House
University of Delhi, Delhi

Dr. Pratyasha Sahoo

Assistant Professor
Laxmibai College, DU

LANGUAGE EDITOR

Dr. Sayyada Aiman Hashmi

PGT (English)
Kendriya Vidyalaya
Andrewganj, Delhi

COURSE COORDINATOR

Dr. Sukanta Kumar Mahapatra

Assistant Director (Acad.)
NIOS

GRAPHIC DESIGNING and DTP

M/s Multigraphics,
Karol Bagh, New Delhi

A Word with You

Dear Learner

Welcome to the course in Gender Studies.

I am glad that you have chosen Gender Studies as one of the subjects at the Senior Secondary level.

As you know, Gender Studies is a significant area of inquiry today which is interdisciplinary, multidisciplinary, and transdisciplinary at the same time. Worldwide, several institutions at school and higher education level offering Gender studies as a course. You must feel happy that you have chosen a versatile field where you will develop an understanding of working of gender at the social, cultural and psychological level. This course provides a chance to you to acquire many transferable skills that are required by numerous jobs. Employers prefer to hire people with a deep understanding of issues surrounding discrimination and equality and people who are equipped to work in a team or deal with diverse groups of people and this course provides an opportunity to learn this critical issue in your early academic years.

The course on Gender Studies includes various modules: 'Understanding Gender Studies: An Overview', 'Gender Issues and Social Change', 'Education and Gender', 'Gender, Health and Nutrition', 'Gender and Law' and 'Gender and Media'. This course comprises of 20 lessons and presents a well-structured and thoroughly updated discussions of central issues in contemporary gender studies. The course has been developed in modular form and every module deals with a separate concept. Each module is interlinked with others and motivates the learners to develop in-depth understanding about various aspects of gender and its effect on all areas of life- politics, economy, education, law, media, health and nutrition etc.

During the course of study, you will find a number of activities, including intext questions, in the lessons. Do make a sincere effort to attempt them. While activities have been carefully designed to provide you an opportunity to learn and practice, the intext questions and Tutor Marked Assignments (TMA) help you assess the extent of your learning. Attempting these will aid in developing life skills without any extra effort.

For making you prepared for examination in Gender Studies, a sample question paper has been given at the end of the self-learning material. This is followed by detailed marking scheme which will tell you how your answers will be evaluated. Try to answer all the questions and compare those with the answer given in the marking scheme

I hope you will find these study materials rewarding and helpful in your personal and professional life.

Your feedback is always welcome. For any kind of suggestion or difficulty, feel free to contact us. We shall be more than happy to serve you.

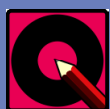
Thanks

Course Team

NIOS

How to use the Learning Material

Congratulation! You have accepted the challenge to be a self-learner. NIOS is with you at every step and has developed in the material in Gender Studies with the help of a team of experts, keeping you in mind. A format supporting independent learning has been followed. If you follow the instructions given, then you will be able to get the best out of this material. The relevant icons used in the material will guide you. These icons have been ex-plained below for your convenience.



Title: will give a clear indication of the contents within. Do read it.

Introduction: This will introduce you to the lesson linking it to the previous one.

Objectives: These are statements that explain what you are expected to learn from the lesson. The objectives will also help you to check what you have learnt after you have gone through the lesson. Do read them.

Notes: Each page carries empty space in the side margins, for you to write important points or make notes.

Intext Questions: Very short answer self check questions are asked after every section, the answers to which are given at the end of the lesson. These will help you to check your progress. Do solve them. Successful completion will allow you to decide whether to proceed further or go back and learn again.

What You Have Learnt: This is the summary of the main points of the lesson. It will help in recapitulation and revision. You are welcome to add your own points to it also.

Terminal Exercises: These are long and short questions that provide an opportunity to practice for a clear understanding of the whole topic.

Do You Know: This box provides additional information. The text in boxes is important and must be given attention. It is not meant for evaluation, but only to improve your general knowledge.

Answers : These will help you to know how correctly you have answered the questions.

Activities: Certain activities have been suggested for better understanding of the concept.

Web site: These websites provide extended learning. Necessary information has been included in the content and you may refer to these for more information.

COURSE OVERVIEW



Book-1

Module	LESSON
1. Understanding Gender Studies: An Overview	1. Gender Studies - An Introduction 2. Gender: Concept and Meaning 3. Gender in History (Pre-colonial period) 4. Gender in History (Colonial period)
2. Gender Issues and Social Change	5. Marriage, Kinship and Family 6. Inequalities of Gender 7. Gender and Economy 8. Gender and Environment
3. Education and Gender	9. Development of Women's Education in India 10. Gender and Educational Policies 11. Schemes and Programmes Towards Gender Equality



Book 2

Module	LESSON
4. Gender, Health and Nutrition	12. Gender and Access to Food 13. Gender and Health - Reproductive, Mental and Emotional Well-being 14. Health Policies and Programmes
5. Gender and Law	15. Family Laws: Dowry, Marriage and Divorce 16. Laws for Women's Safety and Security 17. Gender and Labour Laws
6. Gender and Media	18. Gender and Language 19. Media Representation of Gender 20. New Media and Social Change

CONTENTS

Module	LESSON	PAGE NO.
1. Understanding Gender Studies: An Overview	1. Gender Studies - An Introduction	01-16
	2. Gender: Concept and Meaning	17-36
	3. Gender in History (Pre-colonial period	37-48
	4. Gender in History (Colonial period	49-70
2. Gender Issues and Social Change	5. Marriage, Kinship and Family	71-84
	6. Inequalities of Gender	85-102
	7. Gender and Economy	103-128
	8. Gender and Environment	129-150
3. Education and Gender	9. Development of Women's Education in India	151-164
	10. Gender and Educational Policies	165-178
	11. Schemes and Programmes Towards Gender Equality	179-196
	CURRICULUM	197-203

Note: The syllabus has been bifurcated into two sections -

(i.) Lessons for the Tutor Marked Assignment (TMA) 

(ii.) Lessons for public examination question paper 

Lessons in Section (ii) are further divided as-

A. Lessons for objective type Questions only

B. Lessons for subjective type of questions.

The details of the different sections are on the next page.

Bifurcation of Syllabus in Gender Studies (340)

Total no. of Lessons=20

MODULE (No. & name)	I TMA (40% of Syllabus (No. of lessons-8)	II Public Examination (60% of Syllabus)	
		A Objective 50 % (No. of lessons -6)	B Subjective 50 % (No. of lessons -6)
1. Understanding Gender Studies: An Overview	L-3 : Gender in History (Pre-colonial period) L-4 : Gender in History (Colonial period)	L-2 : Gender: Concept and Meaning	L-1 :Gender Studies - An Introduction
2. Gender Issues and Social Change	L-6 : Inequalities of Gender L-8 : Gender and Environment	L -7: Gender and Economy	L -5: Marriage, Kinship and Family
3. Education and Gender	L-9 : Development of Women's in India	L-11 : Schemes and Programmes Towards Gender Equality	L-10 : Gender and Educational Policies
4. Gender, Health and Nutrition	L-12 : Gender and Access of Food	L-14 : Health Policies and Programmes	L-13: Gender and Health Reproductive, Mental and Emotional Well-being
5. Gender and Law	L-17 : Gender and Labour Law	L-15 : Family Laws: Dowy, Marriage and Divorce	L-16 : Laws for Women's Safety and Security
6. Gender and Media	L-20 : New Media and Social Change	L-18 : Gender and Language	L-19 : Media Representation of Gender

MODULE -1

Understanding Gender Studies: An Overview

This module introduces about the concept of Gender Studies as discipline to learners. It acquaints the learner with the needs and rationale of studying Gender studies, its emergence as a discipline and the concept of gender. It further exposes the learner to status and role of women during ancient and medieval periods. The module also provides an insight about status of women during British rule and post-independent India. The learners also get exposure to understand various social reform movements and participation of women in freedom struggle.

1. Gender Studies - An Introduction
2. Gender: Concept and Meaning
3. Gender in History (Pre-colonial period)
4. Gender in History (Colonial period)