

National Institute of Open Schooling
Senior Secondary
Lesson 13 – Adolescence
Worksheet-13

1. “The period of growing up to an adult from a child is known as adolescence”. Comment on the relevance of the given statement.
2. Interview any two adolescents and understand their experiences regarding the physical changes that take place during adolescence.
3. Prepare a checklist of developmental tasks for adolescent age groups and administer it on at least seven adolescents. Prepare a report on the obtained data.
4. Emotions experienced in adolescence are felt more intensely. In your view, is the statement true/false? Justify your answer with reasons.
5. Reflect and write upon your personal experience in adolescent age, in context of your friends and peer dependence.
6. Refer to Lesson 11 and 12; explain the stages of moral development. Describe how the stages differ from each other.
7. As an adolescent, an individual may face some common problems in different aspects of life. List some of these problems.
8. An educational institution is conducting a seminar on “Teenage Issues – Drug addiction and STDs”. You are invited to this seminar as one of the chief speakers. Prepare a speech to impart important information on the adolescents.
9. In your opinion, how can society deal with the teenage/adolescent issues? Explain.