

**National Institute of Open Schooling**  
**Secondary**  
**Lesson 2 – Methods of Psychology**  
**Worksheet-2**

1. A psychologist is focusing on the **motivation behind the client's abnormal behavior**. What approach is the psychologist using here? Explain its characteristics.
2. A psychologist is focusing on the **motivation behind the client's abnormal behavior**. What approach the Psychologist is using? Explain its characteristics.
3. A parent complains about child's bed wetting behaviour to the health professional. To this, the psychologist responds that the **child's behaviour can be shaped in a desired direction**. Identify the approach and explain its characteristics.
4. As per the need of the current circumstances, identify any one national issue and prepare a survey of minimum 10 questions to study the opinion of the population around the selected issue. Also mention the psychological tools that can be used to collect the data from the population.
5. In order to study human behaviour; psychologists use a variety of approaches. Define and differentiate different approaches to describe, predict and control behaviour and mental processes.
6. In an experiment the aim is "to study the effect of television on aggression in teenagers". Define different types of variables. Identify all possible variables in this experiment. Support your answer with appropriate reasons. Which technique you will use to control the unwanted effect of relevant variables.
7. "In the field of psychological enquiry, the case study method has its own importance and relevance". Discuss the given statement.
8. Psychological studies are done with human beings. It is therefore necessary to follow certain principles so that no harm is done to the participants. Discuss ethical considerations you will keep in your mind while studying human behavior.
9. You want to interview one of your friends or family regarding their interests, values and preferences. Mention different types of interviews and which type of interview you will prefer to collect information and why.
10. Explain in your own words the purpose of studying human behavior. Discuss how psychological tests can be a useful tool to study human behavior. Support your answer with appropriate reasons.