

HOME SCIENCE

(216)

Time : 2 ½ Hours]

[Maximum Marks : 85

1. Skimmed milk lacks in :

- (A) Calcium (B) Fat
- (c) Protein (D) Vitamin B2

2. Brass taps should be cleaned with :

- (A) Kerosene oil (B) Brick Poser
- (c) Tamarind (d) Cooking Oil

3. First –Aid is given to :

- (A) Lessen pain
- (B) Save life
- (C) Help in early recovery
- (D) All of the above

4. A fluid filled bag that surrounds the foetus is called: (A) Pacenta (B) Umbilical sac

© Colstrum (D) Amnoitic sac

5. For healthy gums you must include in your ldiet:

(A) Iodine (B) Calcium

© Vitamin C (D) Carbohydrates

6. While treating a sprain, lcold waterisapplied to :

- (A) lower the body temperature
- (B) lessen pain and swelling calm the victim
- (C) all of the above

7. Which of the following fabric can be scrubbed hard while washing ? I

- (a) Wool
- (b) Rayon
- (c) cotton
- (d) silk

8. what is the difference between 'Plain weave' and 'Twill Weave'?
9. what is 'consumer Aid'? Name any two consumer –aids available to the consumer.
10. Give four examples of home based self-employment opportunities in the area of Home Science.

Explain two reasons why we should include fruit' to our diet.

List any four things you will do while doing daily cloning

Give any four suggestions of Controlling soil daily cleaning

Give any four suggestions of Controlling soil pollution in our locality.

14. list any four precautions that you will take removing stains from your shirt.
15. Suggest your ways by which your friend can conserve fuel while cooking
16. what is a 'Finish'? Explain any two special finishes
17. what is a Disease? State one difference between communicable and non-communicable diseases.
18. Explain the three basic factors which influence the social development of a child .
19. what is a ' family' ? Explain two functions of a family
20. Differentiate with example 'Steaming' and pressure Cooking ' method of Cooking . Give two advantages of pressure-cooking .
21. list down the six steps you will follow while laundering polyester clothes at home
22. state six problems that you come across due to lack of values in our day-to day life.
23. Sita is pregnant . What things should she keep ready for her delivery at home ?
24. how do you think that your parents have helped you in social development ? Explain with three examples. Discuss the problems faced by consumers while buying things from the market.
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26. Supriya is about to get married. What all points should she keep in mind while selecting equipments for her house.?
27. Discuss the cognitive development of a child during infancy.
28. State the major steps of management . Explain these steps using a family situation.
29. what kinds of preventive measures will you take to avoid falls and fire in our home ? Explain.
30. Explain to your friend the importance of planning meals using the five food Group system . Explain the nutrients provided by each food group in the planned meal .
31. How will you educate your family about using easily available materials for giving first –aid in an emergency situation?

