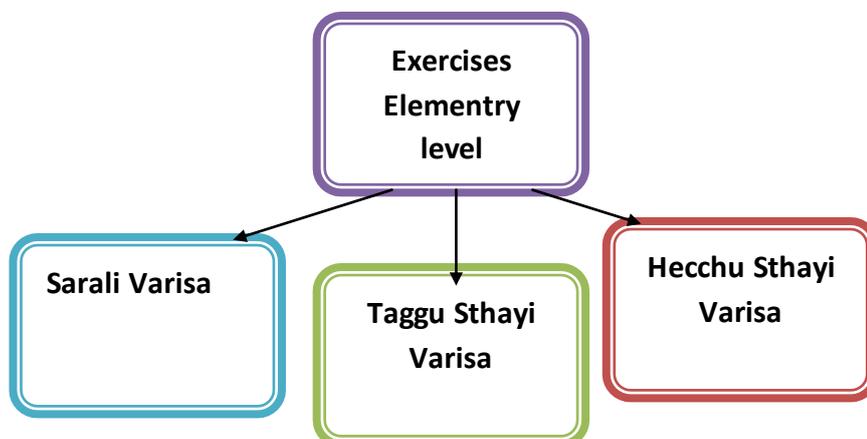


CARNATIC MUSIC (243)

L.No.	Title of The Lesson	Skill	Activity
1	Brief Introduction (Sarali Varisai, Taggu Sthayi and Hecchu Sthayi Varisai)	Appreciation ability, Creative thinking, Critical thinking, Problem Solving	Visiting the library, music studio study reference copies and listen the practical demonstration of the Sarali Varisai, Taggu Sthayi and Hecchu Sthayi Varisai

Meaning

Purandara Dasa has laid down certain typical kind of exercises for the elementary level of learners which is essential for vocal students. These exercises are followed by the teachers even today without any change, which shows its importance in the field of learning. These exercises are normally practiced in the raga Mayamalava Gowla, as propounded by Purandara Dasa himself and makes the beginner comfortable in learning these exercises. The raga Mayamalava Gowla is the best to sing these exercises because generally the students are advised to practice in the morning, when the raga is apt to sing.



Name of exercises	Exerises I-Speed	Exerises II-Speed
Sarali Varisa	x 1 2 3 x v x v S; R; G; M; P; D; N; S; X 1 2 3 x v x v S; N; D; P; M; G; R; S;	X 1 2 3 x v x v SR GM PD NS SN DP MG RS
Taggu Sthayi Varisa	X 1 2 3 x v x v S; N; D; P; M; G; R; S; X 1 2 3 X V X V S; ; ; ; ; ; S; ; ; ; ; ;	X 1 2 3 SN DP MG RS X v x v S ; ; ; ; S ; ; ; ;
Hecchu Sthayi	X 1 2 3 x v x v	X 1 2 3

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Varisa	S; R; G; M; P; D; N; S; X 1 2 3 x v x v S; ; ; ; ; S; ; ; ; ;	SR GM PD NS X v x v S; ; ; S ; ; ;	
Do You Know	Let's Do	Extend Your Horizon	Maximize Your Marks
<ul style="list-style-type: none"> The similarity in both the tetra-chord ie. SRGM — PDNS; makes the beginner comfortable in learning these exercises. These exercises are followed by the teachers even today without any change, which shows its importance in the field of learning. 	<ul style="list-style-type: none"> Visit the library or music learning centers and collect some the book of Varisas. Listen to the accompanying CD for practical demonstration of the Sarali Varisa, Taggu and Hecchu Sthayi Varisas. 	<ul style="list-style-type: none"> Try to learn and write yourself notations of these exercises. 	<ul style="list-style-type: none"> Try to render these Varisas in the ragas like Sankarabharnam , Kalyani etc. Practice all these exercises in different vowel expressions.
Evaluate Yourself			
<ol style="list-style-type: none"> What do you know about the range of the voice? Write the differences Hecchu Stayi and Taggu Sthayi Varisas. What do you understand the lower and higher intensity? 			