

**National Institute of Open Schooling**  
**Secondary Course: Home Science**  
**Lesson 21: Ethics in Daily Life**  
**Worksheet -21**

1. Dignity of labour means that one respects all jobs equally and does not consider one superior to another. Mahatma Gandhi believed a lot in it, both in word and action. Read some literature on his life and explain how Mahatma Gandhi promoted the concept of dignity of labour through his way of living.
2. List principles five each that you have received from your parents, teachers & friends that reflect your cultural values.
3. There are rights as well as responsibilities associated with the use of community resources. What are our responsibilities while travelling in a public transport?
4. List few values that one should uphold at workplace, and how do they maintain a positive atmosphere?
5. Bullying is one of the most significant problems experienced by adolescents. This may include verbal or physical injury, as well as social isolation or exclusion. Give suggestions to deal with this situation. How would you help the victim of bullying?
6. Write five ways through which you can show respect to your teachers and parents.
7. Explain the meaning of the phrase- 'To put oneself in someone else's shoes'. How is it related to the concepts of empathy and tolerance that you have read in this chapter?
8. Read the famous childhood story of Siddharth (Gautam Buddha), his brother Devdutt and a swan. What moral values have you learnt from this story? In your opinion, are these values still relevant in today's time?
9. 'It is very easy to talk about ideals but it is very difficult to follow them.' Do you agree with this statement? Give reasons.
10. Create a way to teach others how to be more empathetic (e.g. write a short story or poem, or a script of a play, create a comic strip, sing or rap original lyrics).

**National Institute of Open Schooling**  
**Secondary Course: Home Science**  
**Lesson 21: Ethics in Daily Life**  
**Worksheet -21**

11. What will happen to our society if values are not practiced? Give five points.
12. Recently a student with learning disabilities has joined your course. How can you help him in his studies?
13. During the pandemic of 2020, the doctors, nurses, policemen, sanitation workers and other frontline workers have risen above the pandemic constraints and helped others in need. They made exemplary contributions in serving humanity. State a few such incidences of this period that have ignited the flame of hope, optimism and positive attitude in your heart.