

**National Institute of Open Schooling
Senior Secondary Course
Lesson 6: Psychological Aspects
Worksheet-6**

Q.1-Identify the psychological characteristics and problems of an adolescent.

Q.2- Differentiate between psychomotor learning and cognitive learning.

Q.3- Write briefly about the personality of your favorite sports person.

Q.4- Identified the determinants which directly or indirectly influence the growth and development of personality.

Q.5- Differentiate between intrinsic motivation and extrinsic motivation.