

# CERTIFICATE COURSE IN YOGA

(614 & 803)

The institutions having the following infrastructure, may apply for accreditation:

## Basic Infrastructure

- A. **Class Room:** Classroom for 25 students (minimum area - 400 Sq. Ft.) should have a black board/white board preferably well ventilated, illuminated and also with availability of adequate furniture.
- B. **Hall or Open Ground:** The Hall or Open Ground (minimum area 900 sq.ft.) have capacity to accommodate 50 students during the yog exercise.
- C. **Physical Facilities:** The institutions should have the facilities for Drinking water, Bathrooms & Toilets (Ladies & Gents separately)
- D. **Educational Technology Equipment:** The institution should have the following equipment;

S. No.	Tools/Equipments/Apparatus or requirements of material for Practical Training	Remarks
1	Colored television (Medium size)	01
2	Computer (P-4) with printer (desirable laser)	01
3	OHP/LCD	01
4	PA System (Optional for rural areas)	01
5	Facility for Yogasans, Pranayam, shatkarm i.e. Mats/Sheet Jaineti Lota, Sutra Neti, Jag etc.	should have

- E. **Library:** Library should have a minimum 10 books/articles/magazines etc. related subject.

## F. **Faculty & Supporting Staff:**

Faculty & Supporting Staff	Educational/Professional Qualification	No.
Coordinator	Graduate	01
Instructor for theory & practical	(Certificate/Diploma in Yog from reputed institutions)	02
Receptionist cum clerk	Relevant to job	01
Assistant	Relevant to job	01

**Batch size -** Maximum 25 students in one batch.

**Note:** An institution can run maximum 4 batches for this course.

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